



REDISCOVER THE MAGIC

31ST ANNUAL CAMP SCRIPPS, JUNE 2024

Camp is exclusively for Scripps alumnae.

Workshops are 90 minutes unless otherwise indicated.

(Schedule and Workshop locations are subject to change according to the whims of fate.)

Contact the Office of Alumnae Engagement with any questions at
alumnae@scrippscollege.edu or call 909-621-8054.

Shop at *The Browsing Room*—home to official Scripps-branded products: <https://scripsbrowsingroom.store/>

or purchase Camp Scripps merchandise through **Cafe Press!**

Instructions and link to *Cafe Press* available May 15 on the Camp Scripps website.



ONGOING GROUP PROJECTS, ACTIVITIES:

■ **Pre-Breakfast Coffee and Snacks** *Dorsey Hall First Floor Kitchen*
Courtesy of the Hospitality Committee

■ **Open Studio** *Dorsey Hall Rec (Art) Room*

There are materials galore to play with in the art room—which is available as an open studio at any time that there are not other workshops inhabiting the space—from Thursday afternoon to Sunday morning.

■ **Honoring Space** *Browning Hall Browsing Room*

Life, sadly, includes loss, and memories of those that have moved on can crop up at the most unexpected moments. In light of this, Campers have created a Remembering Space to acknowledge those we wish could still be here. Campers are encouraged to bring photos or objects that evoke a memory and display them in a quiet space. Please feel free to honor Campers who have passed, classmates, professors, family, or a beloved pet. All are welcome.

■ **Found Poetry**

In acknowledgement of one delicious aspect of Camp—hearing evocative conversation fragments with no context. This year, we would like to encourage Campers to jot some of these smatterings down and create “Found Poetry”.

Just think, you hear:

“There's just something about avocados...”

“It was really transcendent...”

“I finally knew this is where I want to be...”

And you've found a poem. In addition to collecting the fragments we are encouraging you to share them. There will be opportunities to collect and share at the Finale. Data collection sheets will be available in the Dorsey Lobby.

■ **Dragonfly Exchange** *Dorsey Hall Foyer*

If you have fabulous dragonfly paraphernalia that you're ready to pass on—jewelry, clothing, mugs... anything you've collected over the years—bring it with you to Camp to place on our dragonfly giveaway table! And while you're at Camp, swing by the table to pick up some new-to-you dragonfly swag.

■ **Plant Cuttings Share Table** *Dorsey Hall Foyer*

For the love of gardens, a table will be available to collect/distribute bulbs, cuttings, plants, or seeds Campers have to share. Information tags will be available to identify plant specifics. Feel free to bring some, take some.

■ **Book Share Table** *Dorsey Hall Foyer*

For the love of books, a table will be available to collect/distribute books from high brow to trashy novels. Feel free to bring some, take some.

■ **Camp Scripps Raffle to Fund Camperships**

Drawings will be held during Thursday and Friday dinners as well as Saturday at the Finale—see Brochure for details.

THURSDAY: JUNE 27, 2024

10:30 A.M. – 6:00 P.M. **CHECK-IN** *Dorsey Hall Foyer*



11:30 A.M. – 1:00 P.M. **WELCOME LUNCH** *Malott Commons Dining Hall*

≈ 1:00 – 5:00 P.M. **POOL TIME** *(Subject to availability)*

1:15 – 2:15 P.M. THURSDAY EARLY AFTERNOON

■ **Caring for Your Inner Child, Roshelle Howard Miller '02** *Browning Hall Rec Room (60 minutes)*



"We are our own worst critic." Roshelle doesn't know who said it first, but she is sure we have all heard this and possibly repeated the phrase ourselves. Where others receive grace, we address ourselves with criticism. Where do these criticisms come from? Why do we allow them? What would happen if we could see ourselves as the little child we once were? What would we say to that little child? Join in as we spend some time unburdening and reconnecting with the child that still lives deep in our hearts. Bring a picture of yourself as a young child (age 4-8) or as close to that age as you have, a notebook, and a pencil/pen.

Roshelle entered Scripps as part of the class of '02 and fell in love with dance. After graduation, she experienced the joys of becoming Mrs. Roshelle Miller in '04, Mom in '08, and again in '10. In 2016 she realized a heartfelt longing to become a teacher. Along the way, she also discovered a lifelong pattern of anxiety and depression. For the past decade, Roshelle has been active in Celebrate Recovery, a 12-step program for anyone with a hurt, hang-up, or habit. She currently teaches the children's program, has shared her testimony, and is in her 4th step-study.

1:15 – 2:45 P.M. THURSDAY EARLY AFTERNOON

■ **Art Room Introduction: Door Signs and Greeting Cards** *Dorsey Hall Rec (Art) Room*



Door signs, Lucille Housel Burke '70

Ideas for making signs for your dorm room door. Please bring anything that you want to include on your sign—photos, mementos, lace, feathers, whatever. Anything heavy will be more difficult to include.

Lucille has enjoyed making a door sign for every Camp she has attended.



Sending Love: Greeting Card Construction, LeeAnn Allen Hammett '12 *(There is a limit of 20 participants.)*

Have a birthday, wedding, retirement, or new baby happening soon? Just want to send some love in the mail to a friend? Campers will have the opportunity to handcraft greeting cards for any occasion in this workshop. All materials will be provided, but feel free to bring any rubber stamps or patterned paper you might want to use in your cards.

LeeAnn is an avid jigsaw puzzler, paper crafter, reader, and mother of 2 kiddos under 5. Her favorite papercrafting supplies are her coordinating stamp and die-cut sets, because who has time to cut everything out?

■ **The Legacy of Letterpress at Scripps College, Jennifer Martinez Wormser '95** *Denison Library*
(There is a limit of 20 participants. An additional presentation of this workshop will be on Friday afternoon.)



This special visit to Denison Library will provide participants with the opportunity to explore the history and use of letterpress printing techniques at Scripps College. Participants will view examples of letterpress printing and works created at the Scripps College Press, and they will also have the opportunity to produce a special Camp Scripps relief print to take home. Bring enthusiasm and curiosity!

Jennifer is the library director of the Ella Strong Denison Library at Scripps College. She learned letterpress printing while a student at Scripps under Kitty Maryatt '65 and today has two platin presses and one flatbed press and lots of metal and wood type at home. She was previously the library director at the Laguna College of Art + Design and worked with manuscript and archival materials at UCLA, San Diego State University, the Huntington Library, and the Sherman Library & Gardens. In addition to her B.A. in English from Scripps College, she also has a M.L.S. degree with a concentration in archival management from the University of Maryland, College Park.

■ **Soapmaking, Juanita Nash-Dahlen '72** *Lang Art Building Room 203* (There is a limit of 18 participants)



Forget to bring soap? Make your own at Camp! Use your own lessons in chemistry as you mix and pour soap foundations of shea butter or goat milk, dabble in various fragrances, colors and shapes to create unique soaps for yourself or others. The heady aroma of lavender, rose or vanilla will soothe your senses while tempting your creativity. Supplies will be provided, so come and mix up a batch of fun and practicality! Supplies will be provided, but you can bring lavender, rose petals, or fine sand to make your own soaps or scrubs.

After graduating from Scripps, Juanita taught at a German Waldorf School for 10 years. Upon return to the US, she spent 35 years in Human Resources in New York/ New Jersey. At her first Camp, Juanita took a soapmaking workshop and loved it. Retired in Tucson since 2020, Juanita loves the Arizona desert, mingles with the Scripps Book Club and dabbles with various crafts including soapmaking, bookbinding, quilling, etc.

■ **Biofield Healing, Shari Aronson Grayson '83** *Browning Hall Living Room* (There is a limit of 30 participants)



In this workshop, we will explore exercises to strengthen your own Biofield. We will practice techniques for getting into the best mental and physical state to perform biofield healing. We will then experience performing some chakra-balancing energy healing on each other and on ourselves. If time allows, a brief discussion on how to then send biofield healing to another at a distance will be included. Your biofield is a field of energy that surrounds and permeates your body and your body's electromagnetic field which extends past your physical body. Shari is a Holistic Health Practitioner and Massage Instructor in San Diego. She has been practicing massage since 1991 and loves having the opportunity to bring greater awareness, physically, mentally, and emotionally; to people through touch and movement. She is owner of Healthy Touch Massage and Bodywork in San Diego specializing in Relaxation Massage, Injury Recovery, Pregnancy Massage and bringing Stress-Management programs for massage on-site to area

companies. Having fun with exercise, especially in nature, is her personal passion. Shari loves the water, swimming in La Jolla Cove, and in the pool when the ocean is too cold. She also loves Yoga, Tai Chi and hiking. (Spending time in nature and exercising enrich the soul.) Shari also loves sharing her passions with others.



3:00 – 3:45 P.M. TEA BREAK *Jacqua Lawn East*

There will be an orientation for new Campers during Tea.

4:00 – 5:00 P.M. THURSDAY LATE AFTERNOON

■ **Celtic Dancing and History, Shelley Montgomery Puente '83** *Sallie Tiernan Field House* (60 minutes)



We will learn a couple of simple (and easy on the body) Celtic dances and discuss the history of dance in general. Bring comfortable loose clothes, a pair of dance shoes if available—if not, tennis shoes will work—face towel, and bottle of water.

Shelley started dancing Ballet at age 4 and continued through her senior year in high school. She took a couple of years off and then discovered Irish and Scottish Dancing with a reenactment group in Southern California. She continues to teach students of all ages the joys of Celtic dance and its history.

■ **Water Aerobics, Shari Aronson Grayson '83** *Scripps Pool (60 minutes)*



Come join us in the pool for a fun, bouncy workout to music. Work at your own pace, gentle and easy for those not used to exercise, fun and energetic for those who want a good workout in the water. Classic pop hits to shake, shimmy, and bounce to, all without the heavy impact of gravity on your bones. Get your heart pumping and your energy jumping. We'll end this class with stretches for flexibility and some challenging yoga poses that are oh so easy in the water. Bring: swimsuit, towel, sunscreen

Shari is a Holistic Health Practitioner and Massage Instructor in San Diego. She has been practicing massage since 1991 and loves having the opportunity to bring greater awareness—physically, mentally, and emotionally—to people through touch and movement. She is owner of Healthy Touch Massage and Bodywork in San Diego specializing in Relaxation Massage, Injury Recovery, Pregnancy Massage and bringing Stress-Management programs for massage on-site to area companies. Having fun with exercise,

especially in nature, is a personal passion for her. She loves the water, swimming at La Jolla Cove, and in the pool when the ocean is too cold. She also loves Yoga, Tai Chi and hiking. Spending time in nature and exercising enrich the soul and she loves sharing her passions with others.

4:00 – 5:30 P.M.

THURSDAY LATE AFTERNOON

■ **Tie One On: A Tie-Dye Workshop (Part 1), Sharon McGunigle '84 and Carolyn Reed '84** *Dorsey Hall Rec (Art) Room*



(There is a limit of 16 participants.)

Tie Dye Party. Bring something that you would like to customize with dye. We will create colorful designs by folding, bunching, and scrunching. All dye supplies will be provided; you bring 100% cotton item(s) to dye. The workshop time is for prepping, soaking, wrapping and applying the dye. The follow-up will happen during Tea on Friday, where participants will unfold, rinse, wash and dry their items. Participants should bring 100% cotton items, i.e. T-shirts, bandanas, scarves, dresses, socks, etc.

Sharon has been making clothes and costumes since she got into her grandmother's sewing kit as a small child. After graduating from Scripps

in 1984 with a completely unrelated major, she spent her entire career either sewing or designing clothes and costumes. She has an M.F.A. in Costume Design and is constantly exploring new creative techniques, including machine knitting, fabric dyeing, leather work, jewelry making, and embroidery. She currently works in the Film and TV Industry building costumes for the rapacious streaming networks.

Carolyn honed her tie-dye skills by leading workshops at Summer Church Camps; it was largely trial by fire. After earning her degree in theater, she studied film at NYU, film and television at USC, and taught the same at local colleges and universities. Needing benefits and retirement, she switched careers at 45 and now defends the First Amendment as a public library manager. There she promotes—among other radical activities—reading banned books and pursuing social justice through community outreach. She is kept sane by two geriatric Siamese cats, two highly strung Golden Retrievers, and a very patient spouse.

■ **She Was a Free Bird in Paris, Mary Conroy Coman '77** *Humanities Building*



(With an apology to Joni Mitchell.) Paris has been a capital, fulcrum for art and revolution and—in some way—a place of pilgrimage for millenia. Join Mary Conroy Coman for an illustrated lecture on four women who passed through the city. Those we encounter will include a dueling aristocratic fashionista, an explorer who blurred sexual identity, an American expatriate, and a fashion model turned resistance fighter.

Mary retired from a nearly 50-year career in health care that included 28 years as a PICU RN at UCLA. (She's still jumpy around foreign electronic beeps and vociferously criticizes media portrayals of health care.) When not voraciously reading, Mary enjoys volunteering for Crisis Text Line and is a Docent at the Los Angeles Zoo, where she lingers with langurs. She shares her life with her husband Bill (HMC '70) and their cat, Marigold, who behaves like dethroned royalty.

■ **Nature Printing, Marilyn Gibson Hornor '63** *Lang Art Building Room 203 (There is a limit of 20 participants.)*



This is a form of "subtractive" dying using dark fabrics. We will paint leaves with Soft Scrub® that contains bleach to remove part of the dark color to show the color "underneath." The leaves will be pressed on the fabric/shirt/etc. When they dry, all that needs to be done is to rinse them in water and let dry.

Participants should bring a dark cotton t-shirt or other item(s) of clothing or fabric. Cotton works best, but we have seen it work on rayon.

Marilyn has enjoyed exploring a variety of art mediums during her life. She is a member of the Nature Printing Society and has learned a great deal from the artists in this international group. She is also an aficionado of leaves.

■ **Sip and Stitch, Kaley McAnlis Mish '70** *Browning Hall Rec Room*



Bring your needles and hooks, your yarn and thread, your crocheting, knitting, macramé, embroidery, cross stitch, needlepoint, tatting, quilting, and good old-fashioned sewing for a relaxing session of stitching and chatting. This session is more social than instructional, but your host and fellow crafters may happily advise if needed. Kaley can teach you the basic basket weave stitch in a matter of minutes, and you can complete a whole project with just that one stitch if you'd like! Kaley will be around the rest of the weekend to help you stitch after you get started.

Kaley has enjoyed designing needlepoint projects for over 30 years. For the last several years, she has designed cruise card holders for cruise friends using metallic cord and needlepoint yarn on plastic canvas. You can see her designs on her Facebook page. She loves color and bling and has a blast designing holders for her friends.

5:45 – 6:00 P.M.

THURSDAY LATE AFTERNOON

■ **Late Afternoon Meditation** *Browning Hall Browsing Room*

A short time before supper to meditate in any tradition you prefer and find that oasis in time to contemplate and "be here now." Bring your whole self!

6:00 — 7:00 P.M.

THURSDAY EVENING

■ **Camp Scripps Libation Smackdown, Laura Cogburn '85 and Amy Drayer '99** *Elm Tree Lawn*



Hear ye! What is your household's or region's favorite drinkable? Is it juice, soda, tea, mocktails, water? Is it beer, wine, cider, spirits, cocktails? How does it compare to offerings from other campers? Bring beakers, barrels, bottles, carafes, ewers, growlers, flagons, kegs, pints, pitchers, pots, steins, tankards to share. Please label your quaff for evaluation by a jury of your peers. Honors and fabulous prizes will be awarded in both spirited and non-spirited categories.

If necessary, chill in the dorm refrigerators. Bring your potion to the appropriate table (non-spirited, spirited) outside the dinner venue by 5:30 PM. Cheers!

Laura loves to oversee the virgin side of a bar with Roy, Shirley, Arnold, and a liter of Diet Dr. Pepper.

Amy lives on a small island in the PNW where she combats gentrification on both the personal and professional levels. She tends a murder of crows and is overly fond of tater tots. #Camper4Lyfe



6:45 – 8:00 P.M.

IN 'N' OUT TRUCK DINNER *Elm Tree Lawn*

(Note: there will also be vegan/vegetarian options available.)

7:45 – 8:30 P.M.

THURSDAY EVENING

■ **Camp Games, Amy Williams '85, Nancy Matthews '87, and Regula Feldmann Campbell '69** *Elm Tree Lawn*



Get to know other campers. Join in a little friendly competition—Camp Scripps style—racing through your Scripps experience from your 1st day on campus through Commencement. Vie for bragging rights. Impress your team with your as-of-yet unheralded, unplumbed abilities in light-hearted activities (cognitive, artistic, physical, etc.).

Let's get your game on!

With a well-established fondness for gym teachers and as a distant past holder of the CMS Athenas Track and Field shotput record, Amy is happy to support Nancy & Regula in this effort.

Nancy has spent her career creating play and now finds herself playing with farm animals in her retirement. Nancy is passionate about programs which increase our quality of life. Come join our team as we rediscover ourselves and connect with other alums through the power of PLAY. "You can discover more about a person in an hour of play than in a year of conversation." — Plato

Recruited by Oregonian classmates while at Scripps, Regula spent two glorious summers as a Camp Fire Girls counselor at Camp Onahlee nestled at the base of Mt. Hood. Now recruited by alumnae Nancy and Amy, she's tanned, rested and ready to take up the lanyard and whistle once again. WoHeLo!

■ **Wordsworthy Women: A Scripps Salon, Deirdre Taylor Johnson '70, Emcee/Salonnière** *Browning Hall Living Room*



Join us for a Scripps Salon as we continue a tradition begun by women of the Enlightenment era. L'intellectualisme et la philosophie will be aided and supported by appropriate beverages and snacks. Our presenters are all women worthy of your attention.

Deirdre has always loved a good story, whether spoken, written, or sung. Not a writer herself, she is always delighted to support and showcase those who are.



Dottie Schlessor Ashley '77

Singer/Songwriter Dottie invites you to enjoy her melodic, soulful and original music. Her band Appaloosa is classified as an "Americana" group. The vibe is Folk and Country, and Appaloosa provides a soft and beautiful blend of sweet harmonies and enjoyable, easy-listening lyrics, and beautiful guitar work. She is also known for her timely and evocative "socially conscious" songs, much in the vein of Pete Seeger, Woody Guthrie, John Prine and Bob Dylan. Dottie is an entertaining storyteller and has performed on stages at festivals throughout Central Oregon and venues in the Northwest, in restaurants, bars, coffee shops, breweries, farmers markets as well as fundraisers and benefits and private events. Her

music is super family friendly, and she's been known to have a mosh pit of youngsters dancing along with the elders at many of Appaloosa's outdoor performances!



Bella Mahaya Carter '83

Bella, an award-winning author of three books (poetry, memoir, and inspirational self-help), believes in the power of stories to heal and transform lives. She's a former Lois Langland Alumna-in-Residence and RA of Grace Scripps Hall. Bella has been attending Camp since 2010. Since then, she's worked with hundreds of writers privately and in groups through her Write Where You Are online writing circles, which she's facilitated since 2008. Her most recent book is *Where Do You Hang Your Hammock: Finding Peace of Mind While You Write, Publish, and Promote Your Book*. Her work appears in dozens of literary journals and anthologies. Bella's current writing project is an intergenerational memoir in flash. Visit her website at www.BellaMahayaCarter.com or connect on Instagram: @bellamahayacarter.



Catherine Collinson '85

Catherine is the founding CEO and president of Transamerica Institute, a nonprofit, private foundation. She leads the organization's research and outreach. She's passionate about helping people live long, healthy, and financially secure lives. She writes extensively in her professional and personal life.



Julie West Ericksen '90

Julie may spend her days slogging away in corporate America as a Content Strategist, but on evenings and weekends she plays construction assistant and designer for her contractor husband. In the past 10 years, they have completely renovated four houses, including one for themselves. They now live in Newport, Oregon, where they are once again tearing out floors and walls. By the time Camp rolls around, she sincerely hopes to have all of the saws out of the living room.



Leslie Lasher Monsour '69

Leslie became interested in writing poetry while attending Scripps. Over the years, she has received several awards, including five Pushcart Prize nominations and a Fellowship in Literature from the National Endowment for the Arts. Her most recent publications include *The Colosseum Critical Introduction to Rhina P. Espaillat* and three new poems in *The Galway Review*. The novel she is currently writing is the longest work-in-progress in literary history.



Catherine Pyke '79

Catherine worked for thirty years in non-profits in the San Francisco Bay Area, primarily as a program officer for the Hearst Foundations and, before her retirement in 2017, as a Philanthropic Advisor for the Gladstone Institutes in Mission Bay. After Scripps, she received a Masters degree in Education from Stanford University. A writer, she finds joy in shining light on philanthropists, social activists, and community builders. She is the author of *Jane Lathrop Stanford: Mother of a University*. A native of Salt Lake City, she usually lives in Larkspur, California, but has recently moved to Santa Rosa as a full-time caregiver for her 92 year old mother, Virginia, where she and her mini-Golden Doodle, Phoebe, walk, garden, and keep an eye on the birds and squirrels frolicking in her mother's oak trees.



Robin Stroll '70

Robin retired in 2019 and is thoroughly enjoying this stage of life. She volunteers with her local Hadassah chapter, takes yoga, belongs to a book group and a movie group. The story she will share came from a guided autobiography class led by Barb Smith, '70.

9:30 – 10:30 P.M.

THURSDAY LATE NIGHT

■ **The Way We Were, Ann Merrill Westaway '69** *Dorsey Hall Living Room*



Join us to share stories of your time at Scripps. Celebrations, Shenanigans, Trials and Tribulations. Get to know people from different eras. Copper, Bronze, Steel, Silver, Gold, and Platinum welcome. Snacks will be provided. BYOB. Bring your memories.

Ann has been to almost all Camps. She is from the class of '69 but especially loves getting to know people older and younger and is always curious about experiences from different eras at Scripps.

FRIDAY: JUNE 28, 2024

7:00 – 8:00 A.M.

FRIDAY EARLY MORNING

■ **Java Walk, Merrilee Stewart Howard '70 and Becky Judd '73** *Meet in Dorsey Hall Foyer*



Join Becky and Merrilee on an early morning walk to the Village capped with a cup of joe and your favorite treat from Some Crust Bakery. On our stroll down and back, we will pass old and new features on several Claremont Colleges campuses. You are welcome to take photos along the way. Wear a comfortable pair of walking shoes, sunglasses and sunhat. Bring your phone, water bottle and cash/credit card.

Though Becky and Merrilee live on opposite coasts, they share a love of the outdoors, pecan sticky buns, and Camp Scripps. They love to explore various routes down to the Village and back. They are happy to share their discoveries on each and every walk.

7:45 – 8:00 A.M.

FRIDAY EARLY MORNING

■ **Early Morning Meditation** *Browning Hall Browsing Room*

A short time before breakfast to meditate in any tradition you prefer and find that oasis in time to contemplate and "be here now." Bring your whole self!



8:00 – 9:00 A.M. BREAKFAST *Malott Commons Dining Hall*

8:00 – 11:00 A.M. CHECK-IN *Dorsey Hall Foyer*

9:15 – 10:15 A.M. FRIDAY MORNING

■ **Painting with Tempera, Lucille Housel Burke '70** *Dorsey Hall Rec (Art) Room (There is a limit of 24 participants.) (60 minutes)*



We will be using water-based tempera paint to create one, possibly two, paintings on paper. There will be a prompt for both paintings. Lucille has taught this workshop to fifth graders, so it is not difficult.

Lucille has been creating art in one form or another since she could hold a crayon. Her most common expressions are paintings, clay, or quilting. She really enjoys this workshop because using prompts gives her a path.

9:15 – 10:45 A.M. FRIDAY MORNING

■ **Defending Our Democracy Toolkit, Claudia Shambaugh '77** *Browning Hall Living Room*



With our shared sense of urgency about defending our fragile democracy, we will learn new opportunities for engaging others, understand our power, and build a means for holding ourselves accountable for following through after the workshop. We will have a clear idea that the dividends of engagement exceed our imagination. The scope of engagement extends from local, state, and federal campaigns. We will consider our media consumption and better understand dis/misinformation. Collective action, with our respective talents in this inter-generational effort, is still where the power is.

Claudia majored in Political Science at Scripps College and completed her Masters in Regional Planning at UNC Chapel Hill. She worked in coastal zone management in Florida and Massachusetts, and various urban open space projects in Southern California. Since her grassroots activism at the age of 15, she has done neighborhood canvassing, phone banking, and surrogate speaking in campaigns around the country. Recent work includes assisting permanent residents in the naturalization process in Orange County. Having lived in Denmark, Spain, Israel, South Africa, Northern Ireland, and all corners of the U.S., she has witnessed a multitude of political and cultural divides; always tapping into electoral processes in those places. All of this political engagement along with constant media consumption has been fodder for her hosting and producing “Ask A Leader” for 13 years and “Digging Out” for over a year on UC Irvine’s KUCI-FM radio station, covering politics, culture, and health. Claudia spawned two voters who cast their ballots in San Francisco and Orange County.

9:15 — 11:15 A.M. FRIDAY MORNING

■ **“Stone” Carving, Cyndel Podich '71** *Lang Art Building Room 203 (There is a limit of 15 participants.) (2 hours)*



Create a small sculpture by learning some basic carving techniques on a small simulated “stone” block made from Plaster-of-Paris and vermiculite. Easy to carve on for days (finish it at Camp or at home), your sculpture will air dry to a consistency of very lightweight stone. Carving tools will be available. Feel free to bring your own pocket knife, old kitchen knife, and/or any old wood chisel you may have around the house. No carving experience needed.

The process is “subtractive”—that is, you simply remove everything that doesn’t look like what you will want when you’re done. (Not really any different from carving real stone...just a lot faster and easier.)

Cyndel majored in art at Scripps but really started making art when she was 3. She fell in love with carving at an early age. One of her first sculptures was carved out of Plaster-of-Paris and vermiculite in the summer before junior high school. She began carving “real” stone the summer after her Scripps freshman year. She has carved alabaster, dolomite, marble and onyx. She has taught art at Westlake School for Girls, Crossroads School and a sculpture carving and appreciation class for children at the Los Angeles County Museum of Art in addition to assorted workshops at Camp Scripps. Since 1983, she has worked freelance in fine art and graphic design. She thinks, and now works, mostly in 3d (wood, metal, and stone, as well as interior yacht design).

■ **California Botanic Garden Walk , Ann Merrill Westaway '69, Regula Feldmann Campbell '69, and Donna Daves Kent '74**



Meet in Dorsey Hall Foyer

Since the first Camp Scripps, it has become a tradition to visit the nearby California Botanic Garden. It is the largest botanic garden dedicated to California native plants, with curated collections of more than 22,000 California plant varieties. We will stroll through some of the 86 acres, guided by Regula sharing her expertise in designing with natives, Ann spotting wild birds, and Donna taking

us to the pond where we can view turtles and dragonflies. We'll end the trip with a visit to their fabulous gift shop.

We will carpool to the garden. Bring sunscreen, hat, binoculars, and credit cards or cash for admission: \$10/adults \$6/seniors..

Ann, Regula, and Donna registered for the first Camp Scripps in June 1994 and visited what was then called Rancho Santa Ana Botanic Garden. Although it was 109 degrees that day, they loved it and vowed to make the visit a Camp tradition. Regula is an expert on native plants (see her full bio included with her other workshops). Ann and Donna are seasoned Campers and expert cat herders who are enthusiastic about the Botanic Garden experience.

9:30 — 10:30 A.M. FRIDAY MORNING

■ **Tai Chi, Shari Aronson Grayson '83 Jaqua Lawn (in front of Dorsey Hall) (60 minutes)**



Tai Chi Chuan is a soft martial art form. It is a series of movements performed slowly with focus on coordinating breath and movement and embodying principles that include: strength with relaxation, grounding, posture, focused mind, and balance that becomes a moving meditation practice. In this class we will do some Tai Chi and Qi Gong exercises to warm up the body and learn the Tai Chi principles. You will be introduced to the Yang style short form of Tai Chi and will learn the healing sounds from Traditional Chinese Medicine plus five elements for cultivating health in the organs.

Shari Grayson, is a Holistic Health Practitioner and Massage Instructor in San Diego. She has been practicing massage since 1991 and loves having the opportunity to bring greater awareness—physically, mentally, and emotionally—to people through touch and movement. She is owner of Healthy Touch Massage and Bodywork in San Diego specializing in Relaxation Massage, Injury Recovery, Pregnancy

Massage and bringing Stress-Management programs for massage on-site to area companies. Having fun with exercise, especially in nature, is her personal passion .She loves the water, swimming at La Jolla Cove, and in the pool when the ocean is too cold. She also loves Yoga, Tai Chi, and hiking. Spending time in nature and exercising enrich the soul and she loves sharing her passions with others.



11:30 A.M. – 1:00 P.M.

CAMP 30TH ANNIVERSARY LUNCH *Malott Commons Dining Hall*



Ann Merrill Westaway '69

Camp 2024 marks our 30th Anniversary. Come to lunch and watch a slideshow of 30 years of Camp. Regula Feldmann Campbell, a Founding Mother, will talk about planning the First Camp with the Founding Mothers and Alumnae Office. Some of the other Founding Mothers will be there. Find out how it came to be called the "Creative Caucus," how the Dragonfly came to be our Mascot and why "Everything Possible, Nothing Required" is our guiding principle.

Ann attended the first Camp and joined the Creative Caucus. She is NOT a founding mother but is our unofficial Camp Historian. She has presented a slideshow for lunch at every 5-year Camp Anniversary.

≈ 1:00 – 6:00 P.M.

POOL TIME *(Subject to availability)*

■ **Overcoming Bias, Beth Schreiber-Byers '98** *Dorsey Hall Living Room*



Join a book-club style conversation of the book *Overcoming Bias: Building Authentic Relationships across Differences* by Matthew Freeman and Tiffany Jana. We will discuss our impressions of the book and how we can use the lessons to make camp Camp, our lives, and our relationships more inclusive and authentic. Beth is a former college professor with a passion for education and helping people come together and treat each other with mutual respect. She currently works at the Library of Congress and lives in Fairfax, Virginia with her three elderly rescue dogs.



■ **Film: *Made You Look: A True Story about Fake Art* (2020), Laura Noble '71** *Humanities Building*



This film showcases the largest art fraud in American history and takes place in the fast and furious New York art world. The story begins when a woman walks into a famous gallery with a "Rothko" for sale. Laura majored in Classics, married the right guy, and became a librarian. She had two difficult children who turned out fine. She spent years as a graduate student and then took up gardening and Pilates.

■ **Archery Prep—Feather Reattachment, Nancy Matthews '87** *Browning Hall Rec Room*



Katniss (Hunger Games) meets MacGyver as Campers repair archery arrows we will be shooting on Saturday. If you like to fix stuff, are interested in learning, want to work with a JIG, or like glue, this workshop is for you! No prior experience necessary.

Nancy loves ARCHERY almost as much as she loves fixing sh*t. As a new retiree, she spends much of each week "playing" with cows and bulls (and improving resident stalls, yards, and pastures) in her new hometown of Erie, Colorado. She developed this workshop to ensure we have plenty of good-quality arrows to use and to restore the inventory of arrows for current students' use.

■ **Nia, Meg Miller '87** *Sallie Tiernan Field House (There is a limit of 25 participants.)*



"The joy of movement!"

Nia is a zesty holistic fitness practice that combines dance, martial arts, and relaxation techniques. Explore and unleash your potential for health and liberty by engaging your senses and listening to your body. Nia cardio-dance workouts combine 52 simple moves that are choreographed to stirring music. Nia is non-impact, non-competitive, and adaptable to individual desires and abilities. To find out more about Nia, you can visit www.nianow.com. Bring comfortable clothing. No shoes required

Nia enthusiast Meg Miller has been dancing Nia for nearly 20 years. During her time at Scripps and well into her adulthood, she exercised only occasionally. Once introduced to Nia, Meg came to better appreciate and inhabit her body, as well as to reconnect with her love of diverse forms of music and dancing in community.

■ **Deconstructed Dragonfly: A Collaged & Woven Textile, Ruth Mordy Friedlander '72** *Dorsey Hall Rec (Art) Room*
(There is a limit of 15 participants.)



Taking elements of a dragonfly, we will re-arrange and adhere them onto two fabric collages creating two separate images. When each collage is cut into strips and woven together, it will create a finished art piece that hints at dragonflies and more.

Ruth is a fiber artist who found her passion for textiles while at Scripps. After earning a Masters in design at UCLA, she spent her working years continuing to refine her focus in tablet weaving, creating large-scale artworks, abstract and full of color. She exhibited nationally and internationally, and sold her work or commissions to private homes and commercial spaces.



3:00 – 3:45 P.M. TEA *Jacqua Lawn East*

■ **Tie One On: A Tie-Dye Workshop (Part 2), Sharon McGunigle '84 and Carolyn Reed '84**



This follow-up to Thursday's Tie-Dye workshop will happen during Tea where participants will unfold, rinse, wash, and dry their items.

4:00 – 4:45 P.M.

FRIDAY LATE AFTERNOON

■ **Water Aerobics, Lydia de Pillis-Lindheim Myers '13 Scripps Pool (There is a limit of 18 participants.)**



Join us for a 45 minute session with movement to music in water, stretching, and dancing! Bring your swimsuit.

Lydia is a Claremont native who lives locally in Southern California. She is a mother to two young boys and works as a Systems Engineer. She enjoys spending time outside in her garden and loves to travel!

4:00 – 5:30 P.M.

FRIDAY LATE AFTERNOON

■ **Bitters are Back! Joanne Odenthal '70 Browning Hall Rec Room (There is a limit of 20 participants.)**



Bitters are good for you and bitters are back! Traditional diets always included bitter foods and herbs. We now know the importance of that bitter taste. Bitters help digestion, regulate blood sugar and hormones and help stimulate the liver. Whether you're tasting a salad with arugula and kale or a boutique vermouth, you're experiencing the magic of bitters. Come taste bitters—everything from unsweetened chocolate to those classics gin and vermouth. No fair waiting until the end to show up! All bitters are fun for the taste buds.

Joanne is an herbalist who would have loved to be a food researcher. Taste on!

■ **The Legacy of Letterpress at Scripps College, Jennifer Martinez Wormser '95 Denison Library (There is a limit of 20 participants.)**



This is a repeat of the workshop on Thursday afternoon.

This special visit to Denison Library will provide participants with the opportunity to explore the history and use of letterpress printing techniques at Scripps College. Participants will view examples of letterpress printing and works created at the Scripps College Press, and they will also have the opportunity to produce a special Camp Scripps relief print to take home. Bring enthusiasm and curiosity!

Jennifer is the library director of the Ella Strong Denison Library at Scripps College. She learned letterpress printing while a student at Scripps under Kitty Maryatt '65 and today has two platin presses and one flatbed press and lots of metal and wood type at home. She was previously the library director

at the Laguna College of Art + Design and worked with manuscript and archival materials at UCLA, San Diego State University, the Huntington Library, and the Sherman Library & Gardens. In addition to her B.A. in English from Scripps College, she also has a M.L.S. degree with a concentration in archival management from the University of Maryland, College Park.

■ **Yoga, Ginnie Palm '06** *Sallie Tiernan Field House (There is a limit of 20 participants.)*



Meridian yoga combines Daoist Meridian Theory with Yoga, aligning Prana or Qi energy pathways with yoga poses for physical, emotional, and spiritual self-healing. In a yoga class, we will utilize self-acupressure, anatomy awareness, and deep relaxation techniques for holistic body-mind-emotional care. We will move through and hold yoga poses that target releasing different muscles and emotions associated with each organ along fascial pathways. This class can be gentle to moderate, depending on the amount of energy you wish to exert while holding poses.

Ginnie has been practicing yoga since her first yoga class at Scripps College. A lifelong dancer, she is very interested in cultivating the mind-body connection and new directions of self-knowledge, especially as it relates to listening to the body and inner voice. She is certified in Progressive Ballet Technique and Franklin Method, and has completed yoga teacher trainings in anatomy, chakras, and most recently Meridian Yoga Technique.

■ **Dragonfly Hats and Fascinators, Mary Munsil Waring '86** *Dorsey Hall Rec (Art) Room (There is a limit of 20 participants.)*



Participants will experiment with millinery on a dragonfly theme. Mary will provide a variety of hat and fascinator bases, dragonfly decorations, ribbons, feathers, etc. We'll fasten things to the hat bases with hot glue and by hand-sewing. Feel free to bring any hat-making supplies you may have, but this is not required.

Mary used to collect vintage hats, and is still a little obsessed with cool headgear.

5:45 – 6:00 P.M.

FRIDAY LATE AFTERNOON

■ **Late Afternoon Meditation** *Browning Hall Browsing Room*

A short time before supper to meditate in any tradition you prefer and find that oasis in time to contemplate and "be here now." Bring your whole self!



6:15 – 7:30 P.M. DINNER *Bowling Green Lawn*

7:30 – 8:45 P.M. REINCARNATION BALL—Come as you Were, Sing and Dance as You Did

■ **Incipit Vita Praeteritus *The Life of the Past Begins*, Regula Feldmann Campell '69 and Ann Merrill Westaway '69**



Featuring dinner and festivities on the Bowling Green lawn including A Past Lives Strut in which Campers reveal their former identities on stage followed by singing, karaoke and dancing to a DJ. Submit music selections in a box located at the registration desk before afternoon tea on Friday.

Reincarnation Definition:

1. Rebirth of a soul in a new body—
(*She is said to be a reincarnation of the Hindu goddess Kali.*)
2. A new version of something from the past—
(*The latest reincarnation of the hippie look.*)

9:00 – 11:00 P.M.

FRIDAY LATE NIGHT



Late Night Movie: *A Matter of Life and Death* (1946), Mary Conroy Coman '77 *Browning Hall Rec Room*



This fantasy film is a product of the Powell/Pressburger collaboration. Their other works include *The Red Shoes* and *Black Narcissus*. In brief, an RAF pilot does not die when he is shot down during WWII. This creates a kerfuffle in heaven that *MUST* be rectified. Powell and Pressburger were known for stunning visuals and this film has saturated technicolor for earthly sequences and shimmering black and white for heaven. An achingly beautiful David Niven is the lead and Marius Goring is the entity sent to fetch him. Then there's the trial... (You might need a cushion if the room is crowded...)

Mary retired from a nearly 50-year career in health care that included 28 years as a PICU RN at UCLA. (She's still jumpy around foreign electronic beeps and vociferously criticizes media portrayals of health care.) When not voraciously reading, Mary enjoys volunteering for Crisis Text Line and is a Docent at the Los Angeles Zoo, where she lingers with langurs. She shares her life with her husband, Bill (HMC '70), and their cat, Marigold, who behaves like dethroned royalty.

SATURDAY: JUNE 29, 2024

7:00 – 8:00 A.M.

SATURDAY EARLY MORNING

■ **Java Walk, Merrilee Stewart Howard '70 and Becky Judd '73** *Meet in Dorsey Hall Foyer*



Join Becky and Merrilee on an early morning walk to the Village capped with a cup of joe and your favorite treat from Some Crust Bakery. On our stroll down and back, we will pass old and new features on several Claremont Colleges campuses. You are welcome to take photos along the way. Wear a comfortable pair of walking shoes, sunglasses and sunhat. Bring your phone, water bottle and cash/credit card.

Though Becky and Merrilee live on opposite coasts, they share a love of the outdoors, pecan sticky buns, and Camp Scripps. They love to explore various routes down to the Village and back. They are happy to share their discoveries on each and every walk.

7:45 – 8:00 A.M.

SATURDAY EARLY MORNING

■ **Morning Meditation** *Browning Hall Browsing Room*

A short time before breakfast to meditate in any tradition you prefer and find that oasis in time to contemplate and "be here now." Bring your whole self!

8:00 – 11:00 A.M.

CHECK-IN *Dorsey Hall Foyer*



8:00 – 9:00 A.M.

BREAKFAST *Malott Commons Dining Hall*

9:15 – 10:45 A.M.

SATURDAY MORNING

■ **Introduction to Archery, Randy Town** *Arce Field CMC (There is a limit of 20 participants.)*



Participants will learn to shoot an arrow at a target... Bring a bottle of water.

Randy is the archery instructor for the CMS Physical Education program and has been in this position since the program's inception (2002). He has led this workshop on many occasions over the years.

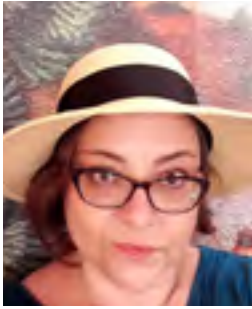
■ **Scripps Campus Design Walk: Art for Life's Sake, Regula Feldmann Campbell '69** *Meet in front of Toll Hall*



The historic Scripps Campus is an integrated work of architecture and landscape design that describes and choreographs the student body's education, personal development, and daily life. Learn about the development of Claremont, the original Claremont Colleges as well as the extraordinary collaboration between EBS, the Board of Trustees, the administration, faculty, and the architects and landscape architect. In the manner of a favorite story retold, join Regula for a walking, talking stroll through the campus to experience anew the transformative power of this exceptional design.

Regula is an architect, landscape designer, professor and scholar. She began her formal study of the Scripps campus design for her project as the Inaugural Lois Langland Alumna in Residence 1995-'96. She is currently writing a book on the nature, aesthetics, and ethics of environmental design in the 21st century. More information about her work can be found at <http://campbellcampbell.com/home/>.

■ **Embroidery Ease and Dragonfly Delights, Heather Phillips '98** *Dorsey Hall Rec (Art) Room (There is a limit of 15 participants.)*



Discover the joy of hand embroidery with this beginner-friendly workshop! You'll learn three basic stitches—the running stitch, the back stitch, and the split stitch, plus the simple plucked knot. Then you'll use your new knowledge to craft a dragonfly-themed project. This workshop is designed to be fun and easy, making it a pain-free introduction to the art and craft of embroidery. Along with all project supplies, participants will take home a list of resources for further exploration. Join us for this simple, hands-on embroidery adventure!

Heather learned embroidery and various other crafts from her grandmother and mother, although she likes to think that her skills have improved since she was 11 years old! She greatly appreciates embroidery for its capacity to decoratively hide stains and tears on clothing. Seriously though, Heather enjoys sharing both the practical skills and the rich history of this distinctively feminine art form. Overall, she finds crafting to be a soothing hobby, and an effective means of alleviating stress. She lives in San Diego with her husband, two eccentric cats, and far, far too many crafting supplies.

9:15 – 11:15 A.M. SATURDAY MORNING

■ **Meeting Your Muse: A Creative Writing Adventure, Bella Mahaya Carter '83** *Dorsey Hall Living Room*



(There is a limit of 12 participants.) (2 hours)

In this playshop, you'll be taken—via guided meditation—on an inner journey to meet your muse. Bella will then provide prompts to help you listen deeply to inner wisdom. Be prepared to slow down, receive insights, compose, and share (if you want). New and accomplished scribblers, storytellers, artists, seekers, healers, and dreamers are invited to join this supportive, creative voyage. Bring writing utensils, preferably a journal, or pad, or paper, and a pen.

Bella, an award-winning author of three books (poetry, memoir, and inspirational self-help), believes in the power of writing to heal and transform lives. In 2008, after earning a master's degree in spiritual psychology, she founded "Write Where You Are," an online writing circle for writers, artists, healers, and seekers. Since then, Bella has helped hundreds of writers connect with their muse. Visit her website:

www.BellaMahayaCarter.com or Instagram: @bellamahayacarter.



11:15 A.M. – 3:00 P.M. ART EXHIBITION DROP OFF *Dorsey Hall Foyer*

Campers take their artistic creations to Dorsey Hall foyer for the Grand Finale Art Exhibit.

There will be tags available, so be sure to attach them to your pieces to identify your creation. Starting at 3:00, the setup crew will gather, transport, and organize your treasures into a pleasing display in Balch Hall Auditorium.



11:30 A.M. – 1:00 P.M. BOX LUNCHES *Pickup in the Humanities Building Courtyard*

Most workshops will be in Humanities classrooms.

(There is a limit of 15 maximum participants per workshop, unless otherwise noted.)

Cloud Spotting, Ellen Rissman-Wong '79 and Tempe Johnson Javitz '71 *Humanities Room 101*



Two members of the Cloud Appreciation Society will teach you how to identify clouds by height and texture.

Ellen has been a member of the Cloud Appreciation Society for a few years. Due to light pollution at night, Ellen's love of stargazing has been frustrated; looking at clouds has been a satisfying replacement. Through the Cloud Appreciation Society, Ellen has learned a lot and would like to share the knowledge with others who like to turn their gaze to the sky.

Tempe graduated from Scripps with a B.A. in English Literature. She spent 27.5 years as a self-employed State Farm Agent. On March 31st of 2007, she

retired to pursue travel, gardening, photography, and writing a book about her grandmother, Jessamine Spear Johnson, a fabulous photographer in early Wyoming and Montana. Her book was published April 2023. Tempe has gone everywhere with a camera in her hand since age 8. That includes taking lots of photos of clouds, hence her interest in cloud spotting!

Raising Monarch Butterflies, Marilyn Okano '73 *Humanities Room 102*




The monarch butterfly is one of the most recognizable on the planet. Millions of monarchs migrate from across the U.S. and Canada to California and Mexico for the winter. In the 1980s, 4.5 million monarchs overwintered each year on the California coast—by 2020, fewer than 2,000 did so. This sparked fear that the monarchs would no longer migrate and/or the entire western population might disappear altogether. So, Marilyn began raising monarchs. Join her on a tour of the monarch life cycle from egg to caterpillar, to chrysalis, and finally a new butterfly! Learn how to help monarchs survive. Bring a notebook and your curiosity.

Marilyn's Masters degree was in psychology, but her career was in retail loyalty marketing with companies including PacSun and TOMS Shoes. When she retired in 2020, she soon discovered the challenge and satisfaction of raising monarchs, which she looks forward to sharing with you!

Wolfgang Beltracchi, Prince of Forgers (2014), Laura Noble '71 *Humanities Room 103*




 Box Lunch film: Follow the trail of Beltracchi, whose forgeries of great artists of the 20th century fooled the experts of the art world and the rich and famous until he made a careless mistake.

Laura majored in Classics, married the right guy, and became a librarian. She had two difficult children who turned out fine. She spent years as a graduate student and then took up gardening.

Documentary: The Re-creation of a Masterpiece: *La Prose du Transsibérien* by Rosy Rhee, Los Angeles 2019. Kitty Maryatt '66 *Humanities Room 104*



 This documentary follows Kitty Maryatt as she produces her re-creation of the gorgeous 1913 book by painter Sonia Delaunay and poet Blaise Cendrars, *La Prose du Transsibérien*, and hear from experts about the significance of the book. Unique to its time, the book pushed boundaries of book structure, painted imagery and poetic expression. Using original techniques of letterpress printing and *pochoir* (stenciling) to reproduce her edition of *La Prose*, Kitty develops insight into the creative and conceptual challenges faced by Blaise and Sonia, while attempting to discover why they did not complete their planned edition of 150 copies.

Kitty Maryatt, former Director of the Scripps College Press and Assistant Professor of Art, taught *Typography and the Book Arts* at Scripps for thirty years. Kitty instituted a program in 1986 of collaborative book editions created each semester by the students, which they printed by letterpress and hand-bound. A description of the sixty limited edition letterpress books was published in 2016, called *Sixty Over Thirty*. Since retiring in 2016, she has been working at Two Hands Press to re-create the 1913 *La Prose du Transsibérien* by Blaise Cendrars and Sonia Delaunay with original *pochoir* and letterpress. Since 1981, Kitty has published and bound her own artist books, most recently *Figure of Speech*.

☐ **Camp Book Club: *The Candid Life of Meena Dave*, LeeAnn Allen Hammett '12** Humanities Room 105



Join us to discuss *The Candid Life of Meena Dave* by Namrata Patel. Short book description: A woman embarks on an unexpected journey into her past in an engrossing novel about identity, family, secrets, and rediscovering the need to belong. If you can, read the novel prior to the session. However, we welcome anyone who DNF'd (did not finish) or just wants to hear about the book! LeeAnn highly recommends utilizing your public library; if your library does not own a copy, check to see if you can request a purchase.

LeeAnn is an avid jigsaw puzzler, paper crafter, reader, and mother of 2 kiddos under 5. She's in way too many book clubs. Her favorite genres are romance and fantasy. Most notable reads from 2023: *The Sparrow* by Mary Doria Russell, *Monk and Robot* duology by Becky Chambers, and *Before I Let Go* by Kennedy Ryan. Check out her TBR and Recently Read on the StoryGraph app!

☐ **Path to Peace of Mind: *Mapping your Journey to Retirement*, Gina Francis Hughes '94** Humanities Room 119



We'll explore your key retirement questions: When can I retire? How much money do I need? What can I spend yearly? Utilizing the same tools she provides her clients, you'll be guided through her advisory firm's Financial Planning Workbook, a resource designed for you to take home and personalize. Post-workshop, you'll have the opportunity to schedule a one-on-one complimentary and confidential Zoom meeting with Gina. Using her firm's sophisticated software, your data will be used to evaluate your retirement readiness. This comprehensive, customized Financial Plan will provide you with clear answers to vital questions and help secure your financial peace of mind.

Gina is the owner and founder of MAKERS Wealth Management. MAKERS are women who, by choice or circumstance, are making life-changing financial decisions. Gina understands the unique financial challenges and goals women face. She's not just a financial advisor; she's a mother and business owner, bringing empathy and personal insight to her work. Committed to empowering clients through education and tailored financial planning, Gina offers more than expertise—she offers a partnership in navigating life's financial decisions. Join her to gain clarity and confidence in your journey to retirement. makerswealthmanagement.com

≈ 1:00 – 6:00 P.M. **POOL TIME** (Subject to availability)

1:15 – 2:15 P.M. SATURDAY EARLY AFTERNOON

■ **Writing Your Way Out of a Paper Bag, Margaret Pumpelly Finnegan '87** Humanities Room 121 (60 minutes)



No one will ever be able to tell you that you can't write your way out of a paper bag after this one! Whether you write for a living or just sign your name on your holiday photo, this workshop will help you make the most of your writer's voice. You bring your charming self. Margaret will provide the bags, the pens, and the guidance.

Margaret's latest novel for kids is *Sunny Parker is Here to Stay* (Simon Kids). She has an adorable yet unfriendly dog, and she makes a very good chocolate cake.

■ **Zumba, Elizabeth Pasimio '02** Sallie Tiernan Field House (60 minutes)



Dancing! Hip-hop and Latin beats for a super fun time moving our bodies. Bring athletic shoes, activewear, water bottle, and towel.

Elizabeth has always loved to dance! Hip-hop is her favorite but she also enjoys Latin dancing. Zumba is about having fun without worrying about getting the steps correct.

■ **Advice from a Manager: Interview Tips, Tricks, and Practice!** Lydia de Pillis-Lindheim Myers '13 *Browning Hall Living Room*
(There is a limit of 18 participants.) (60 minutes)



How do you represent yourself and your strengths, accomplishments, and contributions? Come join this interactive workshop where we will dive into some tools and techniques to prepare for interviews, speak about yourself, and get some practice in a safe space!

Lydia is a Claremont native who lives locally in Southern California. She is a mother to two young boys and works as a Systems Engineer. She enjoys spending time outside in her garden and loves to travel!

1:15 – 2:45 P.M.

SATURDAY EARLY AFTERNOON

■ **Songwriting Workshop, Dottie Schlessor Ashley '77** *Dorsey Hall Living Room*



Have you ever wanted to write a song? We will take an idea, poem, topic, thought, or feeling and develop a rhythm, melody, and chord pattern and make a song that we can all work on and share and maybe sing together. Great self expression and exploration of your feelings and no experience necessary! Bring a notepad, pen/pencil and paper — or you can write on your computer if you wish.

Singer/Songwriter Dottie invites you to enjoy her melodic, soulful and original music. Whether performing as a Duo, Trio or larger configuration, her band is classified as an “Americana” group. The vibe is Folk and Country, and Appaloosa which provides a soft and beautiful blend of sweet harmonies and enjoyable, easy-listening lyrics and beautiful guitar work. She is also known for her timely and evocative “socially conscious” songs, much in the vein of Pete Seeger, Woody Guthrie, John Prine and Bob Dylan.

Dottie is an entertaining story teller and has performed on stages at festivals throughout Central Oregon and venues in the Northwest, in restaurants, bars, coffee shops, breweries, farmers markets, as well as fundraisers and benefits and private events. Her music is super family friendly, and she’s been known to have a mosh pit of youngsters dancing along with the elders at many of Appaloosa’s outdoor performances!

■ **Flight Behavior, Patricia Ruth '73** *Browning Hall Rec Room*



We will discuss Barbara Kingsolver’s 2012 novel *Flight Behavior*, about a huge swarm of migrating monarch butterflies that descend on the hills behind the home of a “restless farm wife,” bringing her opportunities to change her life, opportunities she never knew she might have. Participants should bring their copies of the book.

Patty has been teaching literature for more than 35 years, first at Scripps and then at Santa Barbara High School. She’s a theater junkie; in another life she may have been an actress. She always says that she plans to teach for 10 more years, and before retirement to write at least one of the books she’s had in mind forever: an historical novel about poet John Donne, or an academic murder mystery. Or wait— maybe a combination of the two! She has also learned to love butterflies, thanks to her dear friend and Scripps classmate Marilyn Okano.



3:00 – 3:45 P.M.

TEA *Jacqua Lawn East*

■ **Improv! A low stress introduction or review of improvisational theater techniques and games, Mary Alette Hinderlie Davis '73**



Browning Hall Living Room (There is a limit of 18 participants.)

In this session we'll use improv games and exercises to loosen up minds, bodies and spirits and understand the principles of trust and support that lead to group creativity and the now famous 'yes... and...'. Don't take this all too seriously (though it could change your life). Wear clothes that let you move.

Mary Alette is an actor, director, teacher, and writer in the theater in the Twin Cities (that's Minnesota). She began her love of improvisational theater at Scripps when it was an explosive art form to suit the '60s. She performed weekly in Karma Pi, in the Strut and Fret Black Box, which has been claimed now as offices in Balch. Among her notable companions in this risky business are other Scripps alumnae Ellen Schelly, Chris Cassidy, and Donna Daves plus Mary Alette's husband, actor Bob Davis, and never-to-be-forgotten Robin Williams. We all learned to sail together, and what fun! Mary Alette continues to teach IMPROVS in Minneapolis.

■ **Shuffle and Write, Mary Conroy Coman '77** *Dorsey Hall Living Room*



There are any number of divination decks ranging from Tarot, to pictures of horses, to reflections on a spiritual explorer's work. This workshop will offer a number of decks to provide a chance to reflect and use an image or two to prompt written reflections and reactions. Bring writing materials, pen and paper at minimum.

Mary retired from a nearly 50-year career in health care that included 28 years as a PICU RN at UCLA. (She's still jumpy around foreign electronic beeps and vociferously criticizes media portrayals of health care.) When not voraciously reading, Mary enjoys volunteering for Crisis Text Line and is a Docent at the Los Angeles Zoo, where she lingers with langurs. She shares her life with her husband, Bill (HMC '70) and their cat, Marigold, who behaves like dethroned royalty.

■ **Let's Stretch! Jacquie Heston '09** *Sallie Tiernan Field House*



Lower back hurts? Shoulder feels tight? Knees nagging you? Bring your complaints and let's see if we can find a stretch that helps alleviate them! We'll move, stretch, and be inquisitive about our amazing bodies.

Anatomy, fitness, and movement have always held Jacquie's interest. She has a 500-hour certification in Yoga and loves to help other people feel good in their bodies. She loves puzzling out what might help increase range of movement and mobility, and of course decrease any nagging pain. In her daily life, she works in interior design and takes as many Barre, Pilates, and Yoga classes as she can while wrangling her little boy, Rupert, and two dogs, Laszlo and Buttercup, with her husband, Max (CMC '08).

■ **A Happening: Invention, Sharon McGunigle '84** *Browning Hall Rec Room*



Participants will create a "Secret Garden Happening" that will take place somewhere on campus after the Grand Finale on Saturday Night. We will brainstorm, rehearse, and perform in a mysterious, ritualistic, magical, surreal, improvisational, and ephemeral event. Costumes and props will be provided, campers need only bring enthusiasm, creativity, and a willingness to be part of what is possible. On Saturday late night as performers/conspirators, we will conjure a bit of summer solstice magic.

While at Scripps, Sharon neglected to take any theatre classes, but many of her friends were in the Pomona Theatre Dept. She then went on to get an MFA in Theatrical Costume Design, which turned into a career that spans Musical Theatre, Variety, Burlesque, Opera, Film, and TV. She particularly enjoys theatrical productions that do not fit within a specific genre.

■ **Camp Ditty: The 2024 Edition, Catharine Buchenne Sanderson '11 (Compiler)** *Scripps Pool*



Bring your favorite memories of Camp to the poolside and together we will craft fun and funny verses for this year's Camp Ditty. Together we will learn, create, and practice a simple sing-along song to be shared as a group at the Grand Finale Open Mic!

5:45 – 6:00 P.M.

SATURDAY LATE AFTERNOON

■ Late Afternoon Meditation *Browning Hall Browsing Room*

A short time before supper to meditate in any tradition you prefer and find that oasis in time to contemplate and "be here now." Bring your whole self!



6:00 – 7:30 P.M.

DINNER *Bowling Green Lawn*
DESSERT & COFFEE *Balch Portico*

7:30 – 8:00 P.M.

SATURDAY EVENING



CAMP ART EXHIBIT *Balch Hall Auditorium*

Wherein everyone enjoys the display of the many creations made by Campers from the past few days.

8:00 – 10:00 P.M.

SATURDAY EVENING

■ CAMP GRAND FINALE, Amy Drayer '99 and Beth Schreiber-Byers '98, emcees *Balch Hall Auditorium*



Hooray for Camp! Hooray for exploring new things and awakening old interests! Let's celebrate Camp by showing off what we've done during the weekend. Share a dance, song, improv piece, short composition, or something else you've learned or created during our time together. Don't worry: polished performances are not required, just *joie de vivre*. Time slots are limited in number and will have a maximum of five minutes each.

Sign-up sheets will be posted in the lobby by afternoon tea on Friday.

Amy writes novel-length and short form in the mystery, women's fiction, and magical realism genres. She is currently a student with the Lighthouse

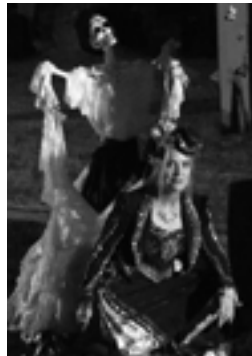
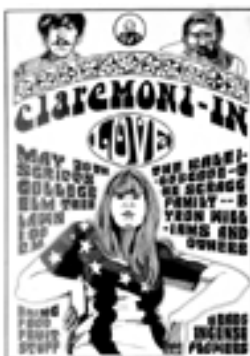
Writer's Workshop Book Project, and has a short story appearing in the *2018 Rocky Mountain Fiction Writer's Anthology*. Amy graduated Scripps with an enduring, well-documented love of tater tots. She enjoys sharing her passion for this delicious and versatile potato product.

Beth is a former college professor with a passion for education and helping people come together and treat each other with mutual respect. She currently works at the Library of Congress and lives in Fairfax, Virginia with her three elderly rescue dogs.

10:00 – 10:45 P.M.

SATURDAY LATE NIGHT

■ A Secret Garden Happening, Sharon McGunigle '84 and Regula Feldmann Campell '69 *Secret Location!*



Join us directly after the Grand Finale on a mysterious procession to meet enchantment, wonder, and delight.

While at Scripps, Sharon neglected to take any theatre classes, but many of her friends were in the Pomona Theatre Dept. She then went on to get an MFA in Theatrical Costume

Design, which turned into a career that spans Musical Theatre, Variety, Burlesque, Opera, Film, and TV. She particularly enjoys theatrical productions that do not fit within a specific genre.

Starting with music festivals including the 1968 Claremont-In at Scripps College and the 1969 Claremont-In at Pomona College, Regula likes to make things HAPPEN. Are you ready to join empresarias Sharon and Regula to discover, "Something is happening here, What it is ain't exactly clear..."

SUNDAY: JUNE 30, 2024

7:45 – 8:15 A.M. SUNDAY EARLY MORNING

■ Closing of Honoring Space, and Early Morning Meditation *Browning Hall Browsing Room*

Campers retrieve their items displayed in remembrance. And, one last time before breakfast to meditate in any tradition you prefer and find that oasis in time to contemplate and "be here now." Bring your whole self!

8:00 – 10:00 A.M. CHECK-IN *Dorsey Hall Foyer*

8:30 – 10:00 A.M. SUNDAY MORNING

■ Camp 2025 Planning Meeting *Dorsey Hall Living Room*

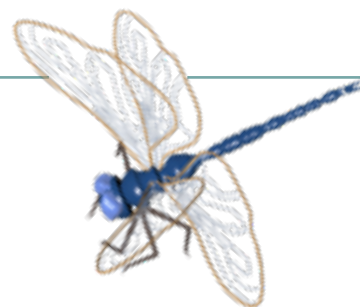
Open to all Campers—find out how you can get involved in planning the next Camp Scripps over the course of the next year.



10:00 – 11:30 A.M. BRUNCH and CLOSING CIRCLE *Elm Tree Lawn*

11:30 A.M. – 1:30 P.M. CHECK-OUT *Dorsey Hall Foyer*

But Wait...there can be MORE!



CAMP EXTENSION (OPTIONAL)

1:00 – 5:30 P.M. SUNDAY AFTERNOON

■ Camp Extension: American Museum of Ceramic Art *Meet in Dorsey Hall Foyer to carpool to museum*



Located in Pomona, the museum features an impressive permanent collection, and will also be showing "Fahrenheit 2024", a juried exhibition of contemporary ceramics; "Reveal", a large exhibition of recent acquisitions; and "A Traveler's Guide to Mettlach: Villeroy and Boch," which showcases everyday life in the 1800s Mettlach, Germany. The Mettlach collection reflects German cultural experiences, societal interpretations, and mythology.

The museum is open from 11:00 A.M. to 4:00 P.M. Bring credit card/cash for entrance fee. **NOTE: the entrance fee is not included in the Camp package.** \$14 adult, \$9 senior, \$7 Pomona resident, Student, Educator (w/current ID).



6:00 P.M. NO-HOST DINNER *at a local restaurant TBD.* *Cost is not included in the Camp package.*

8:00 P.M. – 8:00 A.M. SUNDAY EVENING

■ SLUMBER PARTY AND SLEEPOVER!

Not ready for Camp to end? Stay in your room for one extra night. Check out Monday morning and avoid the crowds.

The additional charge for this extra night's stay is not included in the cost of Camp.

8:00 – 9:00 A.M. MONDAY: JULY 1, 2024 CHECK-OUT *Dorsey Hall Foyer*
